

## Workshop on District Mental Health Programme

Date 4<sup>th</sup> & 5<sup>th</sup> August 2017 Venue- SHSRC

**DAY-I**    8.45-9.15    **Registration**

              9.15-9.30    **Inauguration- Mr. Rajeev Sadanandan Addl Chief Secretary, Dept of Health & Family welfare**

              9.30-10.00    **Introduction – Dr. Sarita.R.L, Director of Health Services**

**Dr. BinduMohan, Adl DHS**

Time	Session	Objectives	Preparation & Activities	Faculty
10-11.30	<b>Familiarising the Programme</b>	Familiarisation of activities, components & guidelines of DMHP(Clinics, Training, IECs, , Targeted Interventions, Day Care Centres, School Mental Health, Aswasam program, Reports, Registers, Office procedures)	Lecture, Slides, Discussion	Dr.Kiran.P.S State Nodal Officer Mental Health
<b>Tea</b>				
11.45 – 1.00	<b>Discussion on Present Status</b>	Identification of difficulties faced	Each district to send filled Format on present status & difficulties prior to the workshop Presentation, Group Discussion,Listing	Dr. BinduMohan Adl DHS
<b>Lunch</b>				
1.45 – 4.45	<b>Group discussion</b>	1.Intersectoral Coordination 2.Solutions to the difficulties identified 3.New reporting formats 4. Panel of Faculties for IECs, Training prog 5. Action Plan 6. Suicide Prevention - DISHA	Brainstorming, Dividing into groups, Presentation, Summarising	Dr.Amar Fettle(Adolescent Health) Dr.BipinGopal(SNO,NCD-Paltv.care) Ms Gopika (DISHA) Ms Boby (KMSS) Dr.RamKumar, Asst. Professor Dept of Psychiatry,MCH Kollam
<b>Tea</b>				
4.45-5.15	<b>Categorising the solutions and framing of additional Guidelines</b>	Framing of additional guidelines to address the difficulties faced	Discussion Presentation	Dr. Bindu Mohan Dr Kiran.P.S

## DAY-II

Time	Session	Objectives	Preparation & Activities	Faculty
10-11	<b>Introduction to SDGs on mental health</b>	Familiarisation of goals and action plan	Lecture, Slides, Discussion	Dr.Kiran.P.S
<b>Tea</b>				
11.15 – 1.15	<b>Group Discussion</b>	Implementing the goals Priorities Time frame Plan of action Aswasam Guidelines	Presentation, Group Discussion, Listing	Dr. Jameela Director, ARDRAM Mission Dr. Indu.P.S Prof in Community Medicine MCH, TvpM
<b>Lunch</b>				
2 – 3.15	<b>Mental Health through Primary Care</b>	Mental Health Activities in FHCs IECs, case detection, Clinics, Psychosocial interventions, Reporting & School Mental Health	Brainstorming, Dividing into groups, Presentation, Summarising	Dr.BinduMohan Dr.Jayaprakashan.P Secretary, KSMHA  Dr.Arun SNO RBSK
<b>Tea</b>				
3.30-4.30	<b>Categorising and framing of Guidelines for FHCs</b>	Framing of guidelines for mental health in FHCs	Discussion Presentation	Dr.BinduMohan Dr.Kiran.P.S
4.30-5	<b>Summarizing &amp; Conclusion</b>		Dr Shinu, Executive Director, SHSRC Dr.VijayaKumar, Consultant, SHSRC	