

To PH 4

COMPREHENSIVE MENTAL HEALTH PROGRAMME 2014-2015

To keep in file
CMH ACTION PLAN

ACTION PLAN

An amount of Rs.20Crores was sanctioned under plan head of the State Government during the financial year 2013-2014 for implementation of Comprehensive Mental Health Programme.

As part of Comprehensive Mental Health Programme, day care centres were proposed in each district, two each one for males and one for female. Day care centres were proposed for the benefit of cured mentally ill patients also needed follow up, rehabilitation and ongoing medical care.

Day Care Centres Provide

1. Facility for to and fro travel of beneficiaries
2. Recreation facilities
3. Availability of food during day time
4. Medicines
5. Occupational Therapy
6. Facilities for counseling
7. Facilities for exercise
8. Medical Care

For this, a rehabilitation team is required which includes Psychiatric Social Worker, Staff Nurses, Care Taker, Cleaner Cum Attender and Cook.

The programme is first of its kind and is in the developing stage. It takes time for the centres to become full fledged in activities. More awareness has to be made among public for the smooth and effective functioning of the programme since there is social stigma to mental illnesses.

In the Administrative sanction, of the 20 Crore allotted for Comprehensive Mental Health Programme an amount of Rs.15,59,74000 was marked for setting up of day care centres and Rs.4,40,26,010 for school health programme.

As on 01/03/2015, 22 day care centres have started functioning. Six centres are in the process of getting started.

Administrative sanction for the programme was obtained on 05/12/2013. The new centres started functioning only by July 2014. Here the funds once allotted for 2013-2014 the whole amount could not be expended. Some centres started functioning only by November. The delay was due to problems in hiring suitable buildings for the day care centre and for hiring vehicles on contract basis.

Six more new centres has to be started. The cost of starting one centre is Rs.51,80,000 per year. For 6 centres the scost is Rs.31083060/-

For continuation of function of day care centres, the cost per year for one centre is Rs.3397000/- Sp for the cost of 28 centres is Rs.95116000/-

For re-appropriation, the State Mental Health Authority has submitted a proposal to conduct District Mental Health Programme, and to procure Psychotropic drugs. For conduct DMHP programme and procure Psychotropic drugs Rs.741L was proposed.

Due to acute scarcity of essential medicines for Mental Health Programmes, it was decided at Senior Medical Officers' Conference held on 26/2/2015 that an amount of Rs.5crores may be transferred to KMSCL from NRHM parked funds of CMHP. Proposal has been sent to the government for this purpose.

From the 20 crore sanctioned in Plan fund during 2013-2014 for CMHP Rs.14010556 was utilized for CMHP. Balance of Rs.185989444 is remaining unutilized.

For the mental health programmes an amount of Rs.250,299060 is needed. The state Mental Health Authority is the nodal authority for community mental health programmes of 10 districts. The funds for community mental health programmes is from NHM funds and Central Government funds Only 4 districts conduct mental health programme with state plan funds.

The programmes- Community Mental Health Programmes and School Health Programmes are carried out through NHM. So the funds for Comprehensive Mental Health Programme Rs.20 crores is transferred to NRHM.

EXPENDITURE

Sl.No.		Unitwise amount	Total amount
1.	Setting up of new centres	5180000(per year)x6	31083060
2.	Running of 28 centres	3397000x28 (per year)	95116000
3.	To Conduct DMHP programme		74100000
4	Amount proposed to be transferred to KMSCL		50000000
	Grand Total (Rupees Twnty five crores two lakhs ninty nine thousand and sixty only)		250299060

For Director of Health Services